**Patient Name:** NURSE, ABIGAIL

**Date of Birth:** 03/08/1990

**Date of Service:** 01/24/2022

**History of Present Illness:**  
This is a 31 year-old right hand dominant female who was involved in a motor vehicle accident on 06/22/21. Patient states that her vehicle was involved in a rear end collision. Patient injured Right Shoulder in the accident. The patient is here today for orthopedic evaluation. Patient has tried few months of PT.

The patient complains of right shoulder pain that is rated at 9/10, with 10 being the worst, which is throbbing in nature, sometimes associated with numbness/tingling. The patient states that pain increases with lifting and improves with rest. Patient had right shoulder intraarticular injection done.

**Past Medical History:**  
Noncontributory

**Past Surgical History:**  
Noncontributory

**Past Accident/Injuries:**

**Daily Medications:**  
Tylenol, Motrin, muscle relaxer.

**Allergies:**  
No known drug allergies.

**Social History:**  
Noncontributory. The patient is working.

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 5 feet 1inch tall, weighs 125 pounds, temp 97.4 deg F  
**General Appearance:** Patient is a well-developed, well-nourished female in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal.

**Right Shoulder:**  
Examination of the shoulder revealed no tenderness to palpation. There was no effusion. No crepitus was present. No atrophy was present. Speed test was positive. Hawkins, drop arm, and apprehension tests were negative. Range of motion Abduction 150 degrees (180 degrees normal), Forward flexion 145 degrees (180 degrees normal), Internal rotation 70 degrees (80 degrees normal), External rotation 80 degrees (90 degrees normal).

**Diagnostic Imaging:**  
06/30/2021 - MRI of the Right Shoulder reveals no rotator cuff tear. Biceps tendinopathy with tenosynovitis. Capsular thickening, which can be seen with adhesive capsulitis.

**Assessment and Plan:**  
Diagnosis: Tendinopathy, right shoulder.  
Plan: Recommend to continue with pain management.

The patient’s Right Shoulder was examined   
MRI of the Right Shoulder was reviewed.   
Patient is to return to the office p.r.n.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**